Agenda Item

Tees Valley Joint Health Scrutiny Committee

6 October 2023

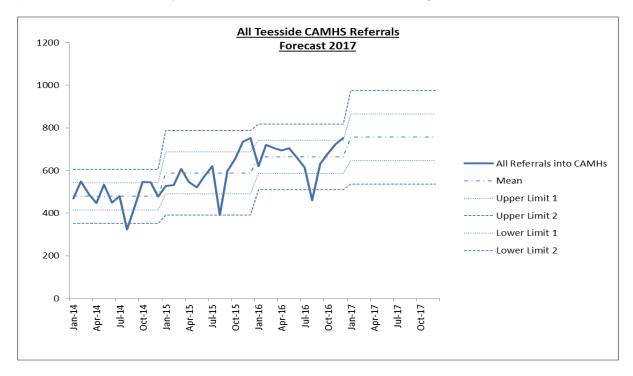
TEES, ESK AND WEAR VALLEYS NHS FOUNDATION TRUST: CAMHS UPDATE

Summary

The Committee will receive an update on the current situation regarding the Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) Child and Adolescent Mental Health Services (CAMHS).

Detail

1. The Committee received a Mental Health Services for Children and Young People presentation back in July 2017 which drew attention to the rising demand for CAMHS.



- 2. More recently, a request was received from Stockton-on-Tees Borough Council for the Committee to consider the inclusion of children's mental health on the work programme for 2022-2023 (see **Appendix 1**).
- 3. In September 2022, the Care Quality Commission (CQC) published its latest report following an unannounced focused inspection of TEWVs specialist community mental health services for children and young people (see https://api.cqc.org.uk/public/v1/reports/f6fe8c46-7eb8-4d9f-89d2-5261f6389dc6?20221128141412). This inspection was initiated to see whether improvements had been made since their last inspection of the service in December 2021. At that time, while the overall rating for the service remained as 'requires improvement', the CQC gave an 'inadequate' rating for the 'safe' category and issued a warning notice under Section 29A of the Health and Social Care Act.

The CQC found that:

- Although improvements had been made since the previous inspection, there were still not
 enough staff in every team to meet the demands of the service. Some teams still had a
 high number of vacancies and high caseloads.
- Not all staff were appropriately trained in the mandatory skills required to fulfil their roles.
- Despite improvements made, some children and young people were still waiting a long time for treatment.
- The majority of children and young people had safety plans in place but where safety plans hadn't been created, there wasn't always justification recorded for this.
- Staff did not have access to personal alarms at North Durham and not all rooms at Middlesbrough and York were sound proofed.

However:

- The service was achieving its targets of maintaining contact with children and young people on waiting lists.
- The premises were clean, well maintained and well furnished.
- The CQC found the trust senior management team had responded promptly to address issues identified at the previous inspection and in the section 29A warning notice. However, this work was ongoing and had not been fully embedded in the service.
- 4. Representatives from TEWV are scheduled to be in attendance at this meeting to provide Members with an update on these services. A presentation has been prepared and can be found at **Appendix 2**.

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